



*The County of Santa Clara*

**Family Wellness Court  
for Infants and Toddlers**

**Santa Clara County Family Wellness Court for Infants and  
Children Cross Systems Training Plan**

**September 2008**

# Santa Clara County Family Wellness Court for Infants and Children Cross Systems Training Plan – Sept, 2008

## Introduction

The purpose of this document is to outline both a first-year and ongoing training plan designed to strengthen collaborative processes and increase cross-systems capacities among partners affiliated with the Family Wellness Court for Infants and Toddlers. The training plan is designed to strengthen the knowledge and skills required for service providers to work effectively with participants in the Family Wellness Court. Building on this foundation, the plan is also designed to help realize the longer term goal of institutionalizing cross-systems training in support of system-wide collaborative practice.

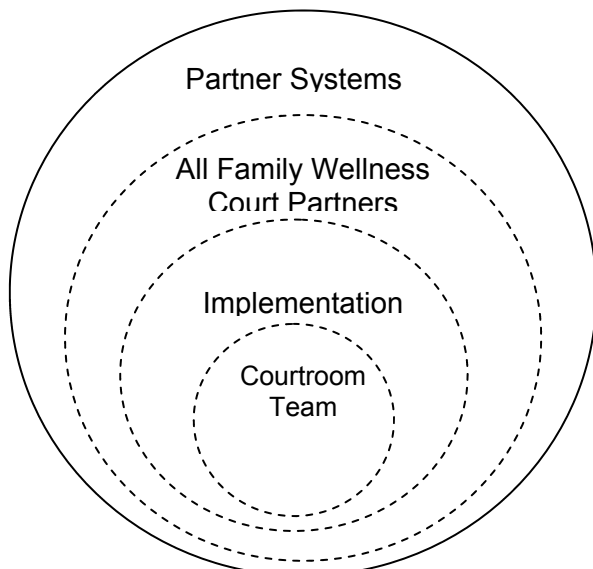
### Table of Contents:

1. Year one Training Plan
2. Core and Special Trainings – Years 2 – 5
3. Family Wellness Court & Santa Clara County Training Resources
4. Other Key Regional, State and National Training and TA Resources
5. Appendices:
  - Training and Technical Assistance Resources (Annotated List)
  - Compendium of Training Topics from Year One
  - Training Plan Committee Members

## I. Year One Training Plan

In the development of the training plan, Strategic Planning Committee members identified several different target audiences for training and technical assistance. The figure below offers provides a depiction of the “concentric circles” of these different training audiences. The training plan is designed to address both cross-cutting and specific needs of different audiences.

Figure 1: Training Audiences and Partners for FWC



- The largest circle represents all of the systems in the county of Santa Clara that surround and intersect with family wellness court. These systems include courts, substance abuse treatment, mental health, services for children, etc.
- The Family Wellness Court circle represents all the programs, partners and individuals who are involved in family wellness court in any way.
- The Implementation Team represents over 60 partners who meet twice monthly to design program procedures, identify issues and needs and make recommendations for changes.
- The courtroom team is a subset of IT working directly with families in Family Wellness Court.

Training priorities (below) for year one were determined by discussions with the Strategic Planning Team, partner training survey, and interviews with key partners.

### FWC Partner and Cross-Systems Training

Partner Trainings	Description
Introduction of Family Wellness Court	<ul style="list-style-type: none"> <li>▪ Description: Two FWC trainings provided an overview of the mission and services of all involved agencies, agency resources and each agencies role in the FWC.</li> <li>▪ Timeframe: During project start-up</li> <li>▪ Audiences: FWC partners/other County of Santa Clara Stakeholders</li> <li>▪ Purpose: Convey the importance of collaborative practice and introduce stakeholders to the FWC purpose, structure, and services</li> </ul>
Interdisciplinary Conference	<ul style="list-style-type: none"> <li>▪ Description: One-day interdisciplinary conference</li> <li>▪ Timeframe: Summer 2008 (8/15/08)</li> <li>▪ Audiences: 200 FWC Partners/Providers.</li> <li>▪ Purpose: 1) Address gaps in knowledge and/or skills needed to advance collaboration and collaborative practice; 2) Bridge research and practice; 3) Increase understanding of services; 4) increase understanding of how the system works and the roles/responsibilities of different system partners.</li> </ul>
Special Trainings provided in collaboration with FWC Partners	<ul style="list-style-type: none"> <li>▪ First 5 provided training on the impact of trauma on children 0-5 with national experts Patricia Van Horn, Ph.D and Chandra Ghosh Ippen, Ph.D of the Child Trauma Research Project, University of California San Francisco, San Francisco General Hospital.</li> <li>▪ The Brazelton Touchpoints Center (BTC) faculty, FIRST 5 Santa Clara County, the System of Care (SOC) implementation team and direct service providers toured relevant program sites in Santa Clara County and participated in a roundtable discussion about the integration of Dr. Brazelton's "Touchpoints" Model into the work of the Family Wellness Court Project to fully understand the goals, opportunities and challenges, which the integration of the Touchpoints approach in practice will address. (3/4/08)</li> <li>▪ DADS and Mental Health staff are currently trained in motivational interviewing and members of the MDT are participating in DADS and MH sponsored motivational interviewing trainings. (6/5/08)</li> </ul>
National Trainings attended by FWC partners (partial list of key trainings available on line)	<ul style="list-style-type: none"> <li>▪ Members of the Project participated in all related trainings given by the Abandoned Infants Assistance Resource Center. <a href="http://aia.berkeley.edu/training/training.php">http://aia.berkeley.edu/training/training.php</a> <ul style="list-style-type: none"> <li>○ <i>Methamphetamine: Latest Knowledge, Latest Treatments</i> (4/8/08) and <i>Prenatal Methamphetamine Exposure &amp; Child Outcome: What Do We Know?</i> (4/24/08)</li> </ul> </li> <li>▪ Members of the Project participated in the two session series on <i>Being Successful: Meaningful Collaboration to Improve Outcomes for Families with Substance Use Disorders</i> through the National Child Welfare Resource Center for Organizational Improvement. <a href="http://muskie.usm.maine.edu/helpkids/telepast.htm">http://muskie.usm.maine.edu/helpkids/telepast.htm</a> (4/24 &amp; 5/6/08)</li> </ul>
State Conferences	<ul style="list-style-type: none"> <li>▪ California Department of Alcohol and Drug Programs (6/18-6/20/08)</li> <li>▪ California Association of Drug Court Professionals Annual Collaborative Justice Conference (4/9/08 – 4/11/08)</li> </ul>

**Special Supplemental Technical Assistance and Training to address the needs of the Implementation and Courtroom Team Identified and Implemented in Year One**

Training/Technical Assistance Topics	Strategies
Dependency Court 101	<ul style="list-style-type: none"> <li>▪ Training provided through guest presentation to Implementation Team by Santa Clara County Judge (3/28/08).</li> </ul>
Motivational Interviewing/Avoiding enabling	<ul style="list-style-type: none"> <li>▪ Training slots made available in MI training sponsored through DADS/Learning Institute (6/5/08)</li> <li>▪ Workshop on Motivational Interviewing during first annual cross-systems training conference (8/15/08)</li> <li>▪ Technical Assistance provided by expert on women's substance abuse treatment and collaborative practice (6/6/08)</li> </ul>
Neurobiology of addiction and implications for intervention	<ul style="list-style-type: none"> <li>▪ Training included at Interdisciplinary Conference by national expert in DADS system (8/15/08);</li> <li>▪ Additional training and consultation provided to IT/Court team (7/11/08)</li> </ul>
Avoiding compassion fatigue, working effectively with women and families in early recovery, and working with program phases.	<ul style="list-style-type: none"> <li>▪ Workshops on Avoiding Compassion Fatigue and Working Effectively with Women and Families in Recovery during first annual cross-systems training conference (8/15/08)</li> <li>▪ Technical Assistance with expert on women's treatment and collaborative practice (6/6/08)</li> </ul>
Family centered treatment; Impact of parental methamphetamine use on children, impact of exposure, and implication for intervention	<ul style="list-style-type: none"> <li>▪ Training with national expert during Implementation Team meeting on family-centered treatment (8/8/08)</li> <li>▪ Plenary presentations and workshops during Interdisciplinary Conference on family centered treatment, impact of methamphetamine and interventions with children, issues of diversity in working with children and families, and interventions with ethnically diverse families (8/15/08)</li> <li>▪ Technical assistance on family centered treatment with Court Team</li> </ul>
Trauma informed services	<ul style="list-style-type: none"> <li>▪ Plenary presentations and workshops with national expert on trauma informed services and trauma informed systems (8/15/08)</li> <li>▪ (Additional training and technical assistance pending for year 2 including training on 10/17/08 with Stephanie Covington)</li> </ul>
Understanding mental health/dual diagnosis; ABC's of the DSM	<ul style="list-style-type: none"> <li>▪ Training Implementation Team meeting with mental health expert (pending)</li> </ul>
Self-help and support groups for individuals in recovery	<ul style="list-style-type: none"> <li>▪ Panel presentation to Implementation Team; lead by Executive Director of local National Council on Alcohol and Drug Dependencies (10/3/08)</li> </ul>
Site visits for FWC Court Team members	<ul style="list-style-type: none"> <li>▪ Site visit to local agencies/ treatment program for women.</li> <li>▪ Site visit to other Regional Partnership grant (pending)</li> </ul>

## II - Institutionalization of Core Training and Implementation of Special Trainings

### A. Core training for specific partners and practitioners

Core training topics will be offered on an annual basis in cooperation with partners. Resources for on-line courses and DVD's to allow for independent learning will also be made available to partners to augment core training topics. One key purpose of these core topics is to train each system to understand core concepts, mandates, practices, and culture of other systems. Additional topics on cross-cutting policy and practice issues of interest for multiple partners have also been identified and are described below.

- Timeframe: Annual, years 2-5.
- Target Audience: FWC Partners
- Purpose: Train specific service providers who interface with FWC; Begin institutionalization of core training.

<b>A. Substance Abuse Topics</b>				
Priority Area	Sponsor(s)	Objectives	Audiences	Strategies
<ul style="list-style-type: none"> <li>• Alcohol and other drugs 101</li> <li>• Alcohol and Drug Treatment Best Practices, ASAM PPCII, and Stages of Change</li> </ul>	DADS Learning Institute	<ul style="list-style-type: none"> <li>• Improve understanding of addiction, treatment, and skills for collaborative case management</li> </ul>	Child Welfare, Court, Mental Health, Children's Services Providers, CASA, other non-AOD professionals	Training slots in key DADS training events  On-line tutorial through NASACW web site
<ul style="list-style-type: none"> <li>• Neurobiology of addiction; Impact of meth-amphetamine</li> </ul>	DADS Learning Institute; FWC library	<ul style="list-style-type: none"> <li>• Understand current research on addiction</li> <li>• Implications for intervention</li> </ul>	Child Welfare, Court, Mental Health, Children's Services Providers, CASA, and other non-AOD professionals	Training slots in key DADS training events  DVD of 2008 cross-systems workshop
<ul style="list-style-type: none"> <li>• Gender-specific treatment &amp; services – evidence for it; empowerment models</li> </ul>	DADS Learning Institute; FWC library	<ul style="list-style-type: none"> <li>• Understand current and emerging research and best practices</li> </ul>	Child Welfare, Court, Mental Health, Children's Services Providers, CASA, and other non-AOD professionals	Training slots in key DADS training events  DVD of 2008 cross-systems workshop
<ul style="list-style-type: none"> <li>• Studies of effective early intervention with substance abusing families</li> </ul>	DADS Learning Institute; FWC library	<ul style="list-style-type: none"> <li>• Understand current and emerging research and best practices</li> </ul>	Child Welfare, Court, Mental Health, Children's Services Providers, CASA, and other non-AOD professionals	Training slots in key DADS training events  DVD of 2008 cross-systems workshop

<b>B. Dependency Court and Child Welfare</b>				
Court <ul style="list-style-type: none"> <li>• Dependency court 101</li> </ul> Child welfare <ul style="list-style-type: none"> <li>• Child Welfare 101</li> <li>• DFCS investigations &amp; process</li> <li>• Child abuse and neglect</li> <li>• Visits</li> <li>• Permanency options and planning</li> </ul>	Superior Court, SSA	<ul style="list-style-type: none"> <li>• Facilitate partner understanding of mandates, structure, policies and practice in dependency court and DFCS</li> <li>• Increase understanding of strategies for prevention and intervention with high risk families</li> </ul>	AOD professionals Child Welfare, Court, Mental Health, CASA, and other partners	Training workshop(s) at annual conference and special trainings at Implementation Team as needed.  On-line tutorial through NASACW web site
<b>C. Child Development and Children's Services</b>				
<ul style="list-style-type: none"> <li>• Child development 101</li> <li>• Parent-child attachment/</li> </ul>	First 5	<ul style="list-style-type: none"> <li>• Facilitate partner understanding of child development, working with families</li> <li>• Increase partner understanding of attachment, strategies for facilitating attachment</li> </ul>	AOD professionals Child Welfare, Court, Mental Health, CASA, and other partners	Special trainings at IT meetings and workshops at annual conference.  Training and technical assistance on Brazelton's Touchpoints model
<b>Additional Topics</b>				
Priority Area	Sponsor(s)	Objectives	Audiences	Strategies
Motivational Interviewing  Note: This training will be offered over multiple years or continuously and may be targeted at different audiences with different training strategies	DADS/ Learning Institute	<ul style="list-style-type: none"> <li>• Improve consumer engagement in planning and service participation</li> <li>• Improve retention and completion in treatment and other services</li> <li>• Assist and support clients in moving through stages of change</li> </ul>	AOD treatment professionals (Primary DADS audience)  All FWC partners will receive overview; partners in direct services will receive additional training/coaching. professionals	MI training will be continued through DADS/Mental Health Learning Institute.  Explore opportunities to provide training through SSA to DFCS professionals  Supplemental independent training through 1) DVD of 2008 cross systems training and 2) DVD on Motivational Interviewing (Miller & Rollnick)

<b>Additional Topics (cont')</b>				
<b>Priority Area</b>	<b>Sponsor(s)</b>	<b>Objectives</b>	<b>Audiences</b>	<b>Strategies</b>
Trauma informed services; Trauma informed services for women Impact of trauma on children; Trauma informed systems changes	DADS  SSA (with FWC cross-systems Training Plan Committee)	<ul style="list-style-type: none"> <li>• Improve providers and system responsiveness to consumer needs</li> <li>• Understand research and best practices in policy and practice</li> <li>• Increase knowledge about trauma—its impact, interpersonal dynamics, and paths to recovery—and incorporate this knowledge thoroughly in all aspects of service delivery</li> </ul>	All FWC partners will receive overview; partners in direct services will receive additional training/coaching.	<p>Special training slots in related trainings to be offered through DADS/ Learning Institute.</p> <p>Day long special training and workshop(s) with Stephanie Covington (Oct 17, 2008) and technical assistance with Vivian Brown (Nov 2008); others TBA years 2-5</p> <p>Supplemental independent training through 1) DVD of 2008 cross systems training</p>
Dual diagnosis; Mental health—what client needs & basic mental health 101; Domestic violence	Mental Health, Domestic Violence Intervention Collaborative; DADS	<ul style="list-style-type: none"> <li>• Improve provide knowledge and skills related to intersections between substance abuse and related issues, such as mental health and domestic violence</li> </ul>	All FWC partners will receive overview; partners in direct services will receive additional training/coaching.	<p>Special training through Implementation Team Meetings</p> <p>Training slots provided through Learning Institute and other partners as conferences and special trainings are offered</p>

## **B. Special training for partners, practitioners and administrators (Years 2-5)**

1. Criteria for prioritizing training topics
  - Related to evidence-informed practices in use by partners
  - Reflective of practices that are:
    - Evidence-based
    - Effective with diverse groups
  - Designed to address systems needs helps partners understand other systems
  - Targeted to those who most need training

2. Principles to guide planning of the training and selection of presenters.
  - Based on assessment of need
  - Focused on topics critical to the FWC model and to systems change
  - Designed to address training needs of different audiences of FWC
  - Designed to consider continuity with technical assistance
  - Selection of trainers congruent with goals and long term plans
  - Selection of trainers located in the intersection between fields/ knowledgeable about cross-cutting issues
  - Identification of trainers who are embedded in connection between research and practice
  - Selection of trainers able to integrate consideration of gender and diversity
3. Strategies for special trainings
  - Organize special cross-training workshops and special trainings for Implementation Team Partners
  - Facilitate access to training “slots” in existing partner training activities
  - Work with the Learning Partnership, a cross-systems collaboration that is currently in progress, as a possible strategy for long term sustainability of the grant activities related to planning and coordination of training. The Learning Institute may also assist with identifying training needs and organizing “slots” for training in specific systems that could be made available for FWC partners
4. Topics/target audiences for special trainings
  - Trauma informed services and systems changes training and technical assistance (all partners). (Training event scheduled for October, 17, 2008; Technical Assistance event in progress for November, 2008; FWC partners to be included in DADS/MH future training on Seeking Safety model)
  - Orientation to drug court models, including FWC (DCFS partners through orientation training; CASA through special FWC presentation for supervisors)
  - Training for current social workers about FWC processes, procedures, and protocols.
  - Training for judges about drug court models and FWC (through special training with expert judge)
  - Training/TA to support effective collaboration (e.g., team-building, continuing to enhance collaborative structure, process, and communication; collaborative leadership and change management; cross-education on financing)
  - Training/TA on best practices that may be adopted or adapted in FWC (e.g., technical assistance/visits to model courts; training on use of pupilometer such as training related to Delta Drug Treatment Model).
  - Best practices/evidenced-based practice in working with children including:
    - Presentation by KidScope dyadic parent child therapists;
    - Presentation of Parent-Child Interactive Therapy with at-risk families and the Incredible Years

- Other topics to be assessed and arranged on annual basis with leadership of SSA and with participation of training liaisons for partners systems (including but not limited to SSA Staff Development and Training, FWC, DADS, First 5, Mental Health, and CASA). General areas for development of technical assistance and training include:
  - Core topics – what all partners need to know; what partners need to know about other systems.
  - Practice topics – specific evidence-based practice skills relevant across partner systems (e.g., Motivational Interviewing; Touchpoints)
  - Systems training – (training and technical assistance to support systems change)
  - Follow up training – Follow up training/TA (Booster to core training and training to advance key practice and policy systems changes)

### **C. Institutionalized of annual cross-systems conference (Years 2-5)**

1. The purpose and focus of the annual interdisciplinary conference will be to:
  - a. Provide access to “cutting edge” information;
  - b. Provide an opportunity to report back to partners about the FWC project and progress in collaboration; and
  - c. Provide a “refresher track” to support next steps in learning and skill building related to FWC services
  - d. Offer workshops on cross-cutting areas as well as workshops targeted to the needs of different partners and partners with different levels of familiarity with FWC (e.g., FWC “101” basic introduction, FWC “201” with more advanced topics about practice in FWC, and FWC Visions – what is next for FWC).
  - e. Future conferences may include opportunities to bring in experts or otherwise invite participation from other Regional Partnership grants
2. Annual conference will be planned in partnerships between systems
  - a. Topics to be assessed and arranged on annual basis with leadership of SSA and with participation of training liaisons for partners systems (including but not limited to SSA Staff Development and Training, FWC, DADS, First 5, Mental Health, CASA)
  - b. Funding of speakers, materials, and logistics to be coordinated between partners
  - c. Conference site and logistics coordinated with partners (recommend extending partnership with West Valley College through the Santa Clara County Social Services Agency/EMQ Children and Family Services/West Valley College IV-E partnership)

### III. Training Resources – County of Santa Clara Partners

FWC Partner Organization	Types of Training Offered
<p><b>County of Santa Clara Social Services Agency</b>            Social Services Agency, Santa Clara County            333 W Julian St, San Jose, CA 95110  <a href="http://www.sccgov.org/portal/site/ssa/">http://www.sccgov.org/portal/site/ssa/</a></p>	<ul style="list-style-type: none"> <li>• Orientation of new social workers in DFCS</li> <li>• Other special training for DFCS social workers, including topics related to health and mental health.</li> <li>• Orientation to drug court models (pending)</li> <li>• Training for foster parents</li> </ul>
<p><b>Department of Alcohol &amp; Drug Services Learning Institute</b>            2101 Alexian Drive, Suite-C            San Jose, CA 95117            Phone No. (408) 272-6535            Fax No. (408) 272-6597  <a href="mailto:DADSLearningInstitute@hhs.co.scl.ca.us">DADSLearningInstitute@hhs.co.scl.ca.us</a></p>	<ul style="list-style-type: none"> <li>• ASAM Assessment</li> <li>• Adult System of Care Orientation</li> <li>• Methamphetamine Treatment</li> <li>• Engaging People into Treatment: Motivational Interviewing and Counseling</li> <li>• Working Through Racial Stereotypes and Generalizations</li> <li>• Seeking Safety: A Model for Trauma/PTSD and Substance Abuse</li> <li>• Mental Health training topics also offered through the learning institute</li> </ul>
<p><b>First 5 Santa Clara County, Community of Learning</b>            4000 Moorpark Ave., Suite 200            San Jose, California 95117            Main Number: (408) 260-3700            Fax Number: (408) 296-5642  <a href="http://www.first5kids.com/">http://www.first5kids.com/</a></p>	<ul style="list-style-type: none"> <li>▪ Early Childhood Development (e.g., brain development and the importance of the first five years of life; critical stages of development for infants, toddlers and preschoolers)</li> <li>▪ Parent/Family/Community Engagement</li> <li>▪ Early Screening and Assessment</li> <li>▪ Effective Interventions and Family Support Practices</li> <li>▪ Processes and Procedures for and Integrated Service Delivery System</li> </ul>
<p><b>Santa Clara County Title IV-E Training and Education Collaborative</b> of Santa Clara County            Social Services Agency, EMQ Children and Family Services, and West Valley College  <a href="http://www.emq.org/EMQTraining/training/index.html">http://www.emq.org/EMQTraining/training/index.html</a></p>	<p>Free training on a wide range of topics for Santa Clara County foster parents and adoptive parents as well as employees of child and family mental health organizations who work with foster and adoptive parents.</p>
<p><b>Santa Clara County Domestic Violence Council</b>            County Government Center, East Wing            70 West Hedding Street, 10th Floor            San Jose, California 95110            (408) 299-4321 FAX 298-8460            TDD (408) 993-8272  <a href="http://www.growing.com/nonviolent/council/pubs/dvc_intro.htm">http://www.growing.com/nonviolent/council/pubs/dvc_intro.htm</a>; conference information at:  <a href="http://www.sccgov.org/portal/site/scc">http://www.sccgov.org/portal/site/scc</a></p>	<p>Annual Conference – Informational presentation and community networking with professionals from the medical, judicial, enforcement, governmental and advocacy sectors who are committed to working together to eliminate domestic violence</p>
<p><b>Child Advocates of Silicon Valley</b>            509 Valley Way, Bldg. 2            Milpitas, CA 95035            phone: (408) 416-0400            fax: (408) 416-0406  <a href="http://www.cadvocates.org/">http://www.cadvocates.org/</a></p>	<p>Orientation and training for child advocates</p>

## IV. Other Key Regional, State and National Training and TA Resources

<b>Conferences &amp; Trainings</b>	<p><b><u>Substance Abuse Prevention and Treatment</u></b></p> <ul style="list-style-type: none"><li>• <b>California Department of Alcohol and Drug Programs</b> (Annual Conference): <a href="http://www.adp.cahwnet.gov/">http://www.adp.cahwnet.gov/</a></li><li>• <b>National Conference on Women, Addiction and Recovery</b> (Primary Sponsor Substance Abuse and Mental Health Services Administration ): <a href="http://www.samhsa.gov/">http://www.samhsa.gov/</a></li><li>• <b>UC Davis National Child Abuse and Neglect Conference</b> (27<sup>th</sup> annual conference in October, 2008): <a href="http://www.canconference.com/">http://www.canconference.com/</a></li></ul> <p><b><u>Children and Child Welfare</u></b></p> <ul style="list-style-type: none"><li>• <b>Child Abuse Council of Santa Clara County</b> Child Abuse Symposium, an annual training event for the community members of Santa Clara County. <a href="http://www.cacsc.org/">http://www.cacsc.org/</a></li><li>• <b>Abandoned Infants Association (AIA)</b> national conference, teleconferences, and training. <a href="http://aia.berkeley.edu/">http://aia.berkeley.edu/</a></li><li>• <b>NCAST Promoting First Relationships</b> – 3 day workshop (Jan, 2009) Professionals who work with caregivers and young children (birth to 3 years) often see the need to. <i>Promoting First Relationships</i> gives professionals the knowledge, tools and strategies to support and guide caregivers in building nurturing and responsive relationships with children <a href="http://www.ncast.org/index.html">http://www.ncast.org/index.html</a></li><li>• <b>Zero to Three National Training Institute (NTI) of</b> (23<sup>rd</sup> Institute December 2008). <a href="http://www.zerotothree.org/">http://www.zerotothree.org/</a></li><li>• <b>Special Start Training Program</b> University of California San Francisco, Division of Neonatology <a href="http://www.mills.edu/specialstart/trainings.html">http://www.mills.edu/specialstart/trainings.html</a></li><li>• Birth Psychology (Conference in April, 2009) <a href="http://www.birthpsychology.com/">http://www.birthpsychology.com/</a></li><li>• <b>The Special Start Training Program [SSTP]</b> is a postgraduate education program for multidisciplinary community professionals and foster parents who work with medically fragile preterm and other high-risk infants and their parents. Funded by the State of California Department of Social Services and is free to participants. <a href="http://www.mills.edu/specialstart/">http://www.mills.edu/specialstart/</a></li><li>• <b>National Quality Improvement Center on Non-Resident Fathers and the Child Welfare System.</b> <a href="http://www.abanet.org/child/fathers/resources.shtml">http://www.abanet.org/child/fathers/resources.shtml</a></li></ul>
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	<p><b><u>Court and Domestic Violence</u></b></p> <ul style="list-style-type: none"> <li>• <b>Beyond the Bench</b> Annual Conference (Next conference November, 2008), sponsored by the <b>Superior Court of California County of Santa Clara</b> <a href="http://www.scscourt.org/">http://www.scscourt.org/</a></li> <li>• <b>Santa Clara County Domestic Violence Council Annual Conference</b> (Next conference November, 2008) <a href="http://www.sccgov.org/portal/site/scc">http://www.sccgov.org/portal/site/scc</a></li> </ul>
<p><b>Online Curricula</b></p>	<ul style="list-style-type: none"> <li>• <b>National Center for Substance Abuse and Child Welfare (NCSACW):</b> <a href="http://www.ncsacw.samhsa.gov/">http://www.ncsacw.samhsa.gov/</a> Online courses including: <ul style="list-style-type: none"> <li>○ <i>Understanding Child Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals</i>, an interactive 5-module online course is designed to provide comprehensive information regarding child welfare issues for the substance abuse treatment professional.</li> <li>○ <i>Understanding Child Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals</i>, an interactive online course is designed to provide comprehensive information regarding child welfare issues for the substance abuse treatment professional.</li> <li>○ <i>Understanding Child Welfare Families Affected by Substance Abuse for Judicial Officers and Attorneys in the Dependency System</i>. Web programming pending; hardcopies of training available. Please email your request to <a href="mailto:ncsacw@cffutures.org">ncsacw@cffutures.org</a> or call (866) 493-2758 for a copy.</li> </ul> </li> <li>• <b>National Abandoned Infants Resource Center</b> teleconference trainings available to replay on line at: <a href="http://aia.berkeley.edu/training/training.php">http://aia.berkeley.edu/training/training.php</a> <ul style="list-style-type: none"> <li>○ <i>Methamphetamine: Latest Knowledge, Latest Treatments -</i> Teleconference from Tuesday, April 8, 2008 Richard A. Rawson, Ph.D. Associate Director and Associate Adjunct Professor UCLA Integrated Substance Abuse Programs UCLA Department of Psychiatry, Los Angeles, CA</li> <li>○ <i>Prenatal Methamphetamine Exposure &amp; Child Outcome: What Do We Know?</i> Teleconference from Thursday, April 24, 2008 Barry M. Lester, Ph.D. Professor, Psychiatry &amp; Human Behavior and Pediatrics Director, Brown Center for the Study of Children, Providence, RI</li> </ul> </li> </ul>

<p><b>DVD Training Materials (available through FWC)</b></p>	<ul style="list-style-type: none"> <li>• <b>Motivational Interviewing Professional Training Series</b>, University of New Mexico, Center for Alcoholism, Substance Abuse, and Addictions. 6-part training with presentations and model interviews.</li>   <li>• <b>Plenary Trainings and Select Workshops from the FWC First “Annual Working with Women &amp; Families in Recovery: An Interdisciplinary Conference”</b>  Plenary and Workshop Presentations: <ul style="list-style-type: none"> <li>• <i>Forging Pathways to Collaboration: Family Wellness Court &amp; Future Vision</i>. A panel of Judges and Leaders across County of Santa Clara systems discuss the history, present, and future vision of the Family Wellness Court collaboration. Facilitator: Gina Sessions, Social Services Agency, Santa Clara County</li> <li>• <i>Gender Responsive and Trauma-Informed Services: What We Know Now and Where We Might Be Going</i>. Presenter: Vivian Brown, Ph.D.</li> <li>• <i>Trauma-Informed Interventions for Women: How Service Providers Can Address Intersecting Issues of Substance Abuse, Mental Health, and Trauma</i>. Presenter: Vivian B Brown, Ph.D.</li> <li>• <i>Family Focused Treatment: Working with Women in Recovery, Their Partners and Families</i>. Presenter: Rivka Greenberg, Ph.D.</li> <li>• <i>Methamphetamine: Prevalence, Impact and Treatment</i>. Presenter: Mark Stanford, PhD</li> <li>• <i>Motivational Interviewing: Enhancing Motivation and Readiness for Change</i>. Presenter: Kim Archuletta, MSW, LCSW</li> <li>• <i>Building Systems to Support the Needs of Diverse Families: Keeping Multiple Perspectives in Mind</i>. Presenter: Chandra Ghosh Ippen, Ph.D.,</li> <li>• <i>Women, Children and Methamphetamine: Emerging Research and Implications for Intervention</i>. Presenter: Rivka Greenberg, Ph.D.,</li> <li>• <i>Attachment, Culture, Trauma: Examining How Diversity Affects Our Work</i>. Presenter: Chandra Ghosh Ippen, Ph.D.</li> <li>• <i>Effects of Methamphetamine on Children: Understanding and Intervening</i>. Rivka Greenberg, Ph.D.</li> </ul> </li> </ul>
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## **Appendix 1: Training and Technical Assistance Resources**

### **STATE AND NATIONAL ORGANIZATIONS OFFERING TRAINING & TECHNICAL ASSISTANCE**

**Children and Family Futures (CFF)** is a nonprofit organization which brings together several vital areas affecting the future of children and families including: policy research on conditions of children, development of accountability measures at both community and program levels, and effective responses to reducing the impact of alcohol and other drugs on children and families. CFF currently operates **The National Center on Substance Abuse and Child Welfare (NCSACW)**, an initiative of the Department of Health and Human Services, is jointly funded by the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Treatment (CSAT) and the Administration on Children, Youth and Families (ACYF), Children's Bureau's Office on Child Abuse and Neglect (OCAN). NCSACW provides a comprehensive program of information gathering and dissemination, technical assistance, as well as offers free specialized online training for child welfare professionals, substance abuse treatment professionals, policy makers, and legislators. Contact: Children and Family Futures, (714) 505-3525, [www.cffutures.com](http://www.cffutures.com); [www.ncsacw.samhsa.gov](http://www.ncsacw.samhsa.gov).

**California Women, Children, and Families (CalWCF) Technical Assistance Project.** CalWCF offers an array of resources for AOD County agencies, treatment providers and child welfare agencies to help reduce systemic, programmatic and fiscal barriers in order to meet the needs of women and families with substance use disorders. CalWCF services are provided at NO COST to recipients through a contract with the State of California Department of Alcohol and Drug Programs (ADP). Contact: <http://www.cffutures.org/calwcf/>, (714) 505-3525.

**The National Abandoned Infants Assistance Resource Center**, University of California at Berkeley, serves to enhance the quality of social and health services delivered to children who are abandoned or at-risk of abandonment due to the presence of drugs and/or HIV in the family. The Resource Center provides training, information, support, and resources to service providers who assist these children and their families. (510) 643-8390, <http://aia.berkeley.edu/>

### **STATE AND NATIONAL RESOURCES FOR CURRENT INFORMATION & FREE PUBLICATIONS FOR TRAINING**

**National Clearinghouse on Alcohol and Drug Information (NCADI)** is a “one-stop resource” for Federal alcohol, tobacco, and drug information. Free publications available through NCADI include a wide range of practical written publications and videos about the prevention, identification, and treatment of alcohol and other drug problems among diverse populations. For a catalog of materials, call 1-800-729-6686 or visit <http://ncadi.samhsa.gov>.

A number of other publications are available at no cost from the National Clearinghouse on Alcohol and Drug Information (described above). These publications are designed to serve as “hands on” resources for line staff, managers, and policymakers in many professional settings. ***Navigating the Pathways: Lessons and Promising Practices in Linking Alcohol and Other Drug Treatment with Child Welfare Services*** (2002) by Young and Gardner offers case studies and tools for successful collaboration between systems. This document is published by the Substance Abuse and Mental Health Services Administration (SAMHSA Publication No. SMA-02-3639).

Other documents of interest are available in the Technical Assistant Publication (TAP) series, including a document on ***Welfare Reform and Substance Abuse Treatment Confidentiality: General Guidance for Reconciling Need to Know and Privacy*** (TAP# 24; <http://www.treatment.org/Taps/Tap24.pdf> or order publication BKD436).

The **Treatment Improvement Protocol (TIP) series**, also available through NCADI, are the products of a systematic and innovative process bringing together clinicians, researchers, program managers, policymakers, and non-Federal experts to reach a consensus on various state-of-the-art treatment practices. Publications related to children and families include:

- TIP 35** *Enhancing Motivation for Change in Substance Abuse Treatment*
- TIP 39** Substance Abuse Treatment and Family Therapy
- TIP 36** Substance Abuse Treatment for Persons with Child Abuse and Neglect Issues
- TIP 32** Treatment of Adolescents with Substance Use Disorders
- TIP 31** Screening and Assessing Adolescents with Substance Use Disorders
- TIP 25** Substance Abuse Treatment and Domestic Violence
- TIP 5** Improving Treatment for Drug-Exposed Infants
- TIP 2** Pregnant, Substance-Using Women

Free from the National Clearinghouse for Alcohol and Drug Information at 1-800-729-6686, <http://ncadi.samhsa.gov>

**The National Clearinghouse on Child Abuse and Neglect Information** provides information on programs, research, legislation, and statistics regarding the safety, permanency, and well being of children and families. The Clearinghouse distributes both print and electronic documents that have been created by the Administration for Children and Families, their grantees, and the Clearinghouse. Contact 1-800-FYI-3366 or visit <http://nccanch.acf.hhs.gov/>

**The California Social Work Education Center (CalSWEC)** is a partnership between the schools of social work, public child welfare agencies, and other related professional organizations that facilitates the integration of education and practice to assure effective, culturally competent service delivery to the people of California. Among many activities, CalSWEC offers a wide range of curriculum resources (including content related to working with families impacted by substance abuse and cross-systems collaboration). Contact: CalSWEC (510) 643-9272, <http://calswec.berkeley.edu/>

The **Anne E. Casey Foundation** offers a series of "Family to Family Tools" that are outstanding resources, particularly for the child welfare field. Three of the publications specifically address "The Challenge of Drug Abuse in Child Welfare." To order any of the publications in this series, go to this link:  
<http://www.aecf.org/initiatives/familytofamily/tools.htm>

**Legal Action Center** is the only law and policy organization in the United States that fights discrimination against people with histories of addiction, AIDS, and criminal records, and advocates for sound public policies in these areas. Publications include *Confidentiality and Communication: A Guide to the Federal Drug & Alcohol Confidentiality Law and HIPAA* as well as other documents and practical resources related to collaborative practice and policy across systems. Contact: The Legal Action Center, (202) 544-5478, 236 Massachusetts Avenue NE, Suite 505, Washington, DC 20002. Contact: [www.lac.org](http://www.lac.org)

### **CURRICULA & RESOURCES FOR ADDITIONAL TRAINING**

The National Center for Substance Abuse and Child Welfare offers several online tutorials at no cost for professionals. ***Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Child Welfare Professionals*** provides a primer on alcohol and drug addiction, substance abuse treatment and recovery, enhancing treatment readiness and treatment effectiveness, cross-system communication and collaboration, as well as contact information for other national resources. ***Understanding Child Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals*** is designed to provide comprehensive information regarding child welfare issues for the substance abuse treatment professional. Online trainings are also available for other professionals including judicial officers and legislators. Source: <http://www.ncsacw.samhsa.gov/tutorials/index.asp>

**The Child Welfare-Substance Abuse Connection: A Compendium of Training** provides abstracts of training curricula developed between 1993 and 2003 for child welfare and substance abuse workers about addiction, child welfare, interagency collaboration, assessment, service provision, and treatment. Other topics include working with children and adolescents, legal processes, and the implications of substance abuse for foster care and adoption. Each profile identifies the intended audience of the curricula, the year of production, cost information, trainer availability, and technical assistance. The Compendium is an outstanding resource for identifying training curricula that can be used or adapted in local communities. To order the compendium, go to <http://nccanch.acf.hhs.gov/> and search under *Clearinghouse Publications*:

## **Appendix 2: Compendium of Recommended Training Topics from Year One**

The following list is a compendium of recommended training topics based on brainstorming sessions at Strategic Planning meetings, Implementation Meeting Discussion, email communications, and recommendations from technical assistance consultation.

### *Training Topics from Strategic Planning Meeting (and follow up email)*

#### *Overview and “101” trainings (basics for partners and for understanding other systems)*

- Dependency court 101
- Mental health— what client needs & basic mental health 101
- Alcohol and other drugs 101
- Child development 101
- DFCS investigations & process
- Child abuse and neglect
- Economic assistance services
- Housing resources
- Legal, criminal justice and probation systems

#### *Other Topics Related to Addressing Needs of Parents & Children*

- Ecological model – social ecology – basic framework
- Effects of meth on the brain
- Trauma informed services
- Dual diagnosis
- Parent-child attachment
- Domestic violence
- Peer involvement/peer support. Self-help model.
- Women’s health issues
- HIV prevalence, other health issues
- Involving fathers (absent, incarcerated)
- Extended family – how to engage
- Record clearing
- Child support
- Touchpoints (Dr. Brazelton)
- Triple P Parenting
- Impact of trauma on children (e.g., Victor G. Carrion, M.D., Stanford Early Life Stress Research Program; Child Trauma Training Institute year long certificate program for mental health clinicians)

#### *Program, Systems & Cross-Systems*

- Information/orientation to services in system
- Why it works and what’s in it
- Race/culture and how it impacts decisions. Every system should address.
- Gender-specific treatment & services – evidence for it
- Evidence-based practice with families (parenting classes, home visiting)

- Studies of effective early intervention with substance abusing families
- Collaborative leadership and change management
- Cross-education on financing
- After care services – what happens after they finish

#### *Provider Issues*

- FWC-MDT managing compassion, fatigue
- Line between empowering and enabling

#### *Recommendations from Technical Assistance (Francine Anzalone-Byrd, June 2008).*

- Cross discipline training, structure and acceptance of each other's roles
- Creating trauma-informed systems of care
- Developing consistent and appropriate Incentives and sanctions
- Enhancing motivation for change (Motivational Interviewing)
- How to provide support to the families and the service providers
- Compassion fatigue, recognizing signs of burn out (work – life balance)
- Identifying enabling behaviors
- Match the clinical with the practical
- How to develop a safe environment to discuss and deal with difficult issues
- Timed agenda meetings with set priorities (time management to develop effective use of time in team meetings and staffing)

#### *IT List of Future Training and Technical Assistance Topics (as of Sept 2008)*

- Neuro-nutrition
- Truth in testing
- Motivational interviewing
- Mentor Mom's experience
- Debrief from Francine's Survey
- Class re: Women's History and Empowerment
- Autism training
- Growing community support
- Exercise and diet – non-categorical fund use and diet/exercise journals
- BBQ's, parties, picnics in the future
- Joint-staffing for DDTC and FWC

#### *Additional Recommendations for Child Development Topics*

- Training on infant brain development – the science of early relationships; social emotional development of children 0 – 3; red flags in development; pregnancy; critical issues regarding children in foster care; sleep and/or difficult to soothe children;
- DSM IV training to include DC 0– 3R component
- Parenting in violent environments
- Separation and loss

- Biological and social/emotional impact of substance abuse on infants, children and families;
- Mother’s, babies and depression
- Play and activities to do with young children (tips about how to let children guide their play, or what is appropriate play for different age groups).

Recommendations from First 5:

Training on early childhood development including a specific focus on early brain development, the effects of illicit substances on brain development and newborn health, along with more specific trainings on understanding the effects of maltreatment and trauma on children.

<b>Training Title</b>	<b>Description</b>
How Early Experiences Influence Brain Development	Describes how early experiences from birth to three influence and shape the development of the brain. Training offers information on the impact of trauma on early brain development
Attachment and its Impact on Early Brain Development	Provides critical information on the importance of parent-child attachment and bonding in the development of early brain development
The Developing Brain: How Poverty Shapes Cognition and School Function	Begins to explore the effects of poverty on child development, more specifically, its effect on children's cognitive development and later school performance
The Effects of Prenatal Exposure to Alcohol and Illicit Substances on early brain development	Provides basic information on prenatal exposure to illicit substances and its effect on early brain development
Effects of Methamphetamine Use on Newborn Health	National Zero to Three training: Details the findings of a study comparing the babies of methamphetamine users to babies of other parents. Includes recommendations for working with methamphetamine addicts and their babies.
The Importance of Early Screening and Assessment for Maltreated Infants and Toddlers	Describes the importance of early screening and assessment for developmental delays and health-related concerns for maltreated infants and toddlers
The six core strengths for Healthy Child Development	Bruce Perry, MD, PhD: Provides information on Attachment, Self Regulation, Affiliation, Attunement, Tolerance and Respect and ways to help children acquire these skills
Promoting Social and Emotional Competencies in young children	Describes social and emotional competencies in young children and the link to later school readiness
Understanding Traumatized and Maltreated Children	Bruce Perry, MD, PhD: Provides information on the primary problems facing maltreated children and dynamic approaches for effective caregiving for professionals
Engaging Vulnerable Families in Addressing Mental Health Issues	Discusses engagement strategies practitioners can use to address mental health issues with vulnerable families

## **Appendix 3: Training Plan Committee Members – Year One**

### *Training Plan Committee Members*

**Cheryl Berman**, Alcohol & Drug Services Administration

**Melanie Daraio**, First 5 Santa Clara County

**Cindie Ambar** and **Linda Martinez**, Social Services Agency, County of Santa Clara

**Michael Ichinaga**, Mental Health Services County of Santa Clara

**Jenny Lee** and **Sneha Ebenezer**, Superior Court of California, County of Santa Clara

**Hilary Kushins & Julia Maestas**, Santa Clara Juvenile Defenders

**Julie Laursen**, Child Advocates of Silicon Valley

**Adam Perez**, Office of Supervisor Blanca Alvarado, County of Santa Clara Board of Supervisors

### *Consultants*

**Laurie Drabble**, Matrix Consulting Institute & San José State University School of Social Work.

**Blanca Tavera**, Matrix Consulting Institute, Watsonville California